

# Modeling Trajectories with Structural Equation Models

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# Outline

- Why SEM for longitudinal analysis?
- SEM Intro (*elevator version*)
- Modeling means in SEM
  - Path Diagrams ↔ Model Equations
- Latent Growth Curve Models
- Real Data Example
  - Anxiety and health complaints during pandemic
- Summary and references

# Why SEM for Longitudinal Analysis?

- Lots of flexibility

“...its [SEM’s] flexibility  
can dramatically extend  
your analytic reach.”  
Singer & Willet (2003)

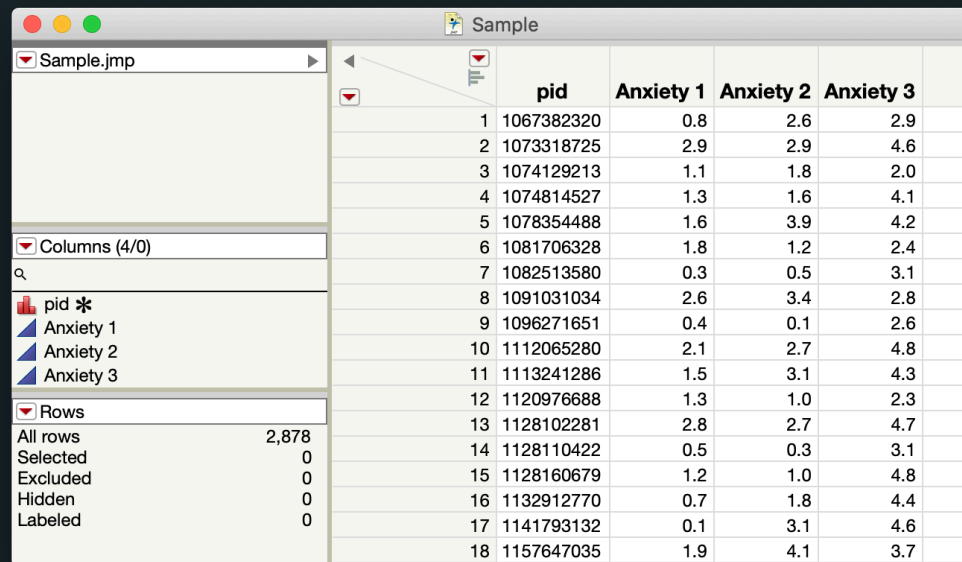
# Why SEM for Longitudinal Analysis?

- Lots of flexibility
  - Numerous longitudinal models can be fit and compared
    - RM ANOVA, linear and nonlinear growth curve models, time series models, survival analysis\*, growth mixture models\*, etc.
  - Study multivariate systems
- All models profit from SEM capabilities
  - Account for **measurement error** explicitly (time-specific, if desired)
  - Incorporate **latent variables**
  - Cutting-edge algorithm for **missing data**
- Incorporate one's knowledge of the process under consideration



# Why *not* SEM for Longitudinal Analysis?

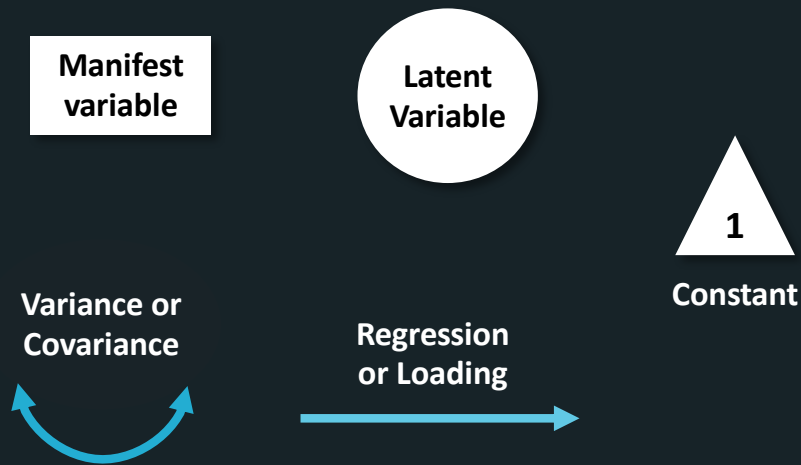
- Requires measurements at the same time-points across the sample
  - Mixed effects models more appropriate for variably spaced measurements
- Multivariate normality assumption
- Large sample technique



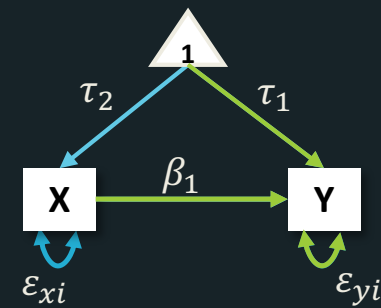
pid	Anxiety 1	Anxiety 2	Anxiety 3
1 1067382320	0.8	2.6	2.9
2 1073318725	2.9	2.9	4.6
3 1074129213	1.1	1.8	2.0
4 1074814527	1.3	1.6	4.1
5 1078354488	1.6	3.9	4.2
6 1081706328	1.8	1.2	2.4
7 1082513580	0.3	0.5	3.1
8 1091031034	2.6	3.4	2.8
9 1096271651	0.4	0.1	2.6
10 1112065280	2.1	2.7	4.8
11 1113241286	1.5	3.1	4.3
12 1120976688	1.3	1.0	2.3
13 1128102281	2.8	2.7	4.7
14 1128110422	0.5	0.3	3.1
15 1128160679	1.2	1.0	4.8
16 1132912770	0.7	1.8	4.4
17 1141793132	0.1	3.1	4.6
18 1157647035	1.9	4.1	3.7

# SEM Intro (elevator version)

## SEM Path Diagram Elements

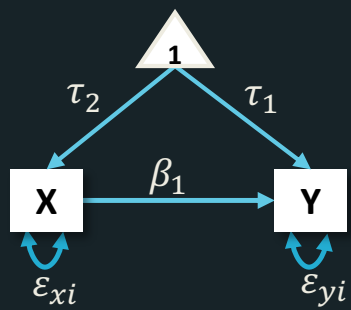


## Simple Regression Example

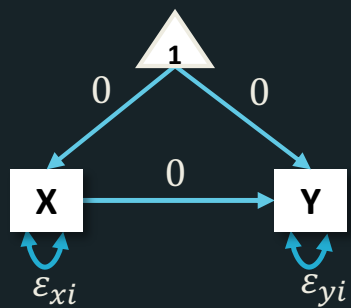


$$Y_i = \tau_1 + \beta_1 X_i + \varepsilon_{yi}$$
$$X_i = \tau_2 + \varepsilon_{xi}$$

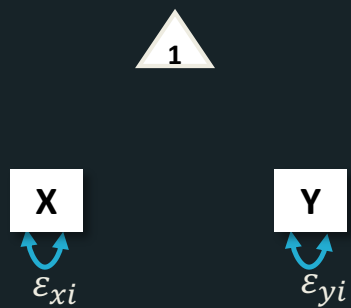
# SEM Inner Workings



# SEM Inner Workings



# SEM Inner Workings



$$Y_i = \varepsilon_{yi}$$

$$X_i = \varepsilon_{xi}$$

implies  
Covariances  
Means

$$\begin{matrix} X & Y \\ X & \begin{pmatrix} \varepsilon_x \\ 0.00 \end{pmatrix} \\ Y & \begin{pmatrix} 0.00 \\ \varepsilon_y \end{pmatrix} \\ & \begin{pmatrix} 0.00 & 0.00 \end{pmatrix} \end{matrix}$$

After Estimation

$$\begin{matrix} X & Y \\ X & \begin{pmatrix} 1.42 \\ 0.00 \end{pmatrix} \\ Y & \begin{pmatrix} 0.00 \\ 1.14 \end{pmatrix} \\ & \begin{pmatrix} 0.00 & 0.00 \end{pmatrix} \end{matrix}$$

Sample Statistics

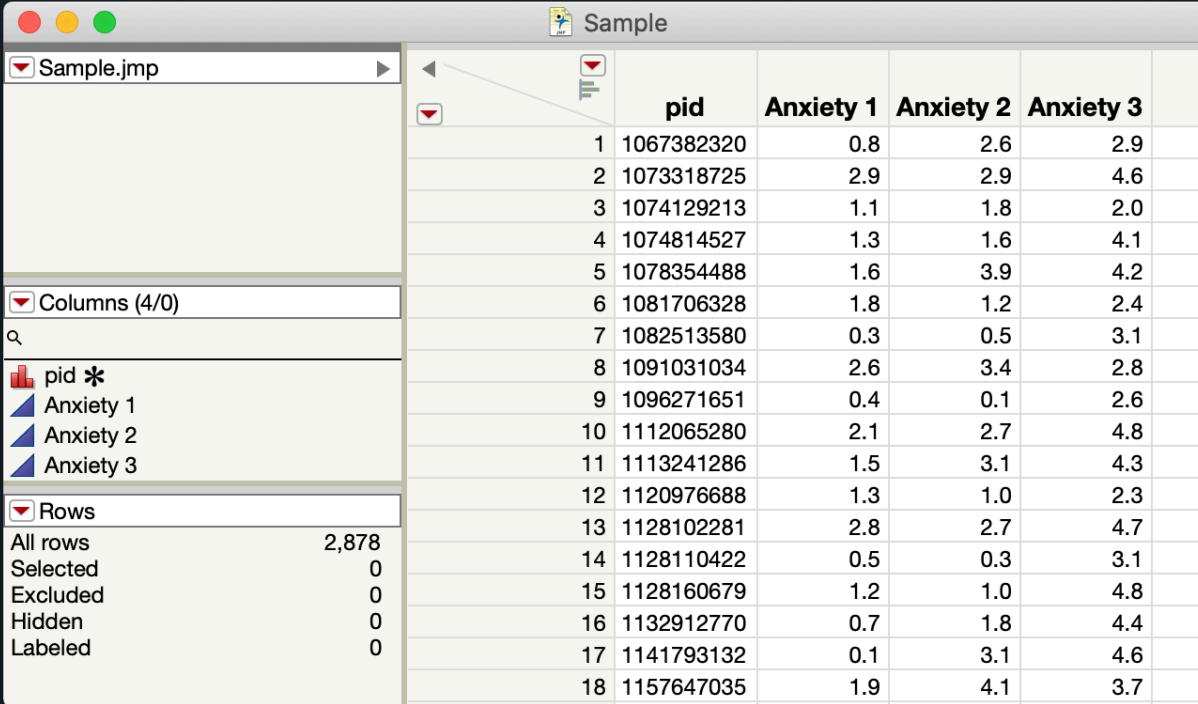
$$\begin{matrix} X & Y \\ X & \begin{pmatrix} 1.42 \\ 0.76 \end{pmatrix} \\ Y & \begin{pmatrix} 0.76 \\ 1.14 \end{pmatrix} \\ & \begin{pmatrix} 3.25 & 3.87 \end{pmatrix} \end{matrix}$$

Sample  
minus  
Estimates  
=  
Residuals

$$\begin{matrix} X & Y \\ X & \begin{pmatrix} 0.00 \\ 0.76 \end{pmatrix} \\ Y & \begin{pmatrix} 0.76 \\ 0.00 \end{pmatrix} \\ & \begin{pmatrix} 3.25 & 3.87 \end{pmatrix} \end{matrix}$$

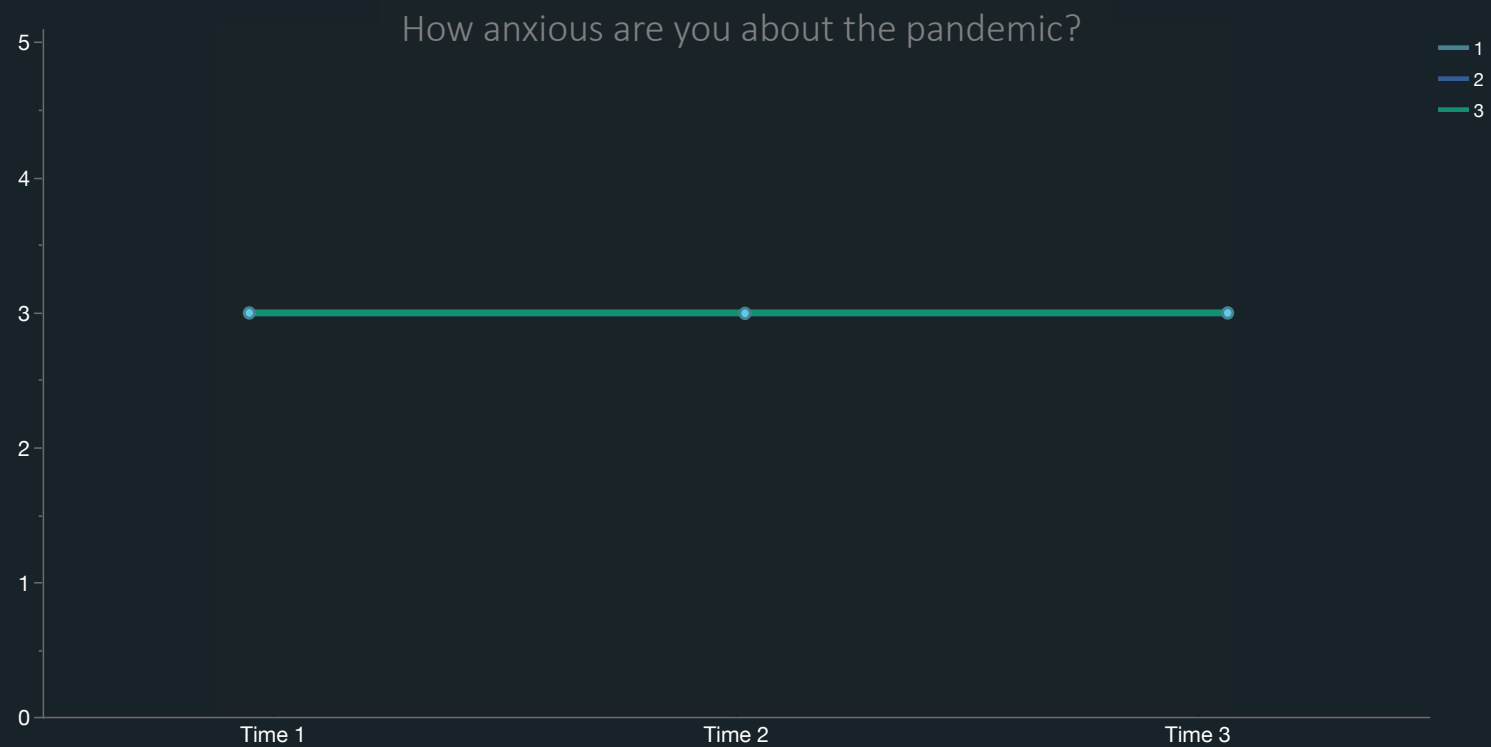
# Modeling Trajectories with SEM

How anxious are you about the pandemic?

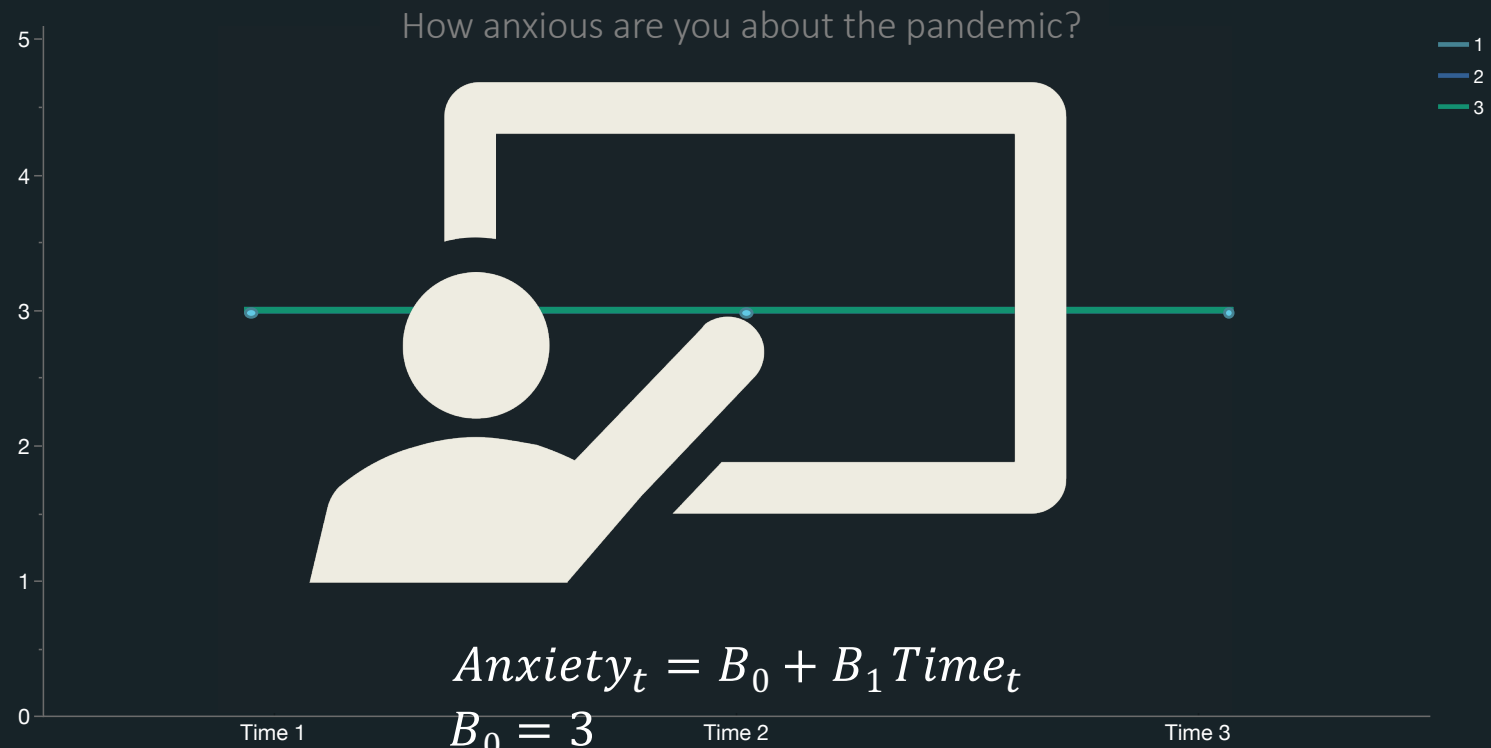


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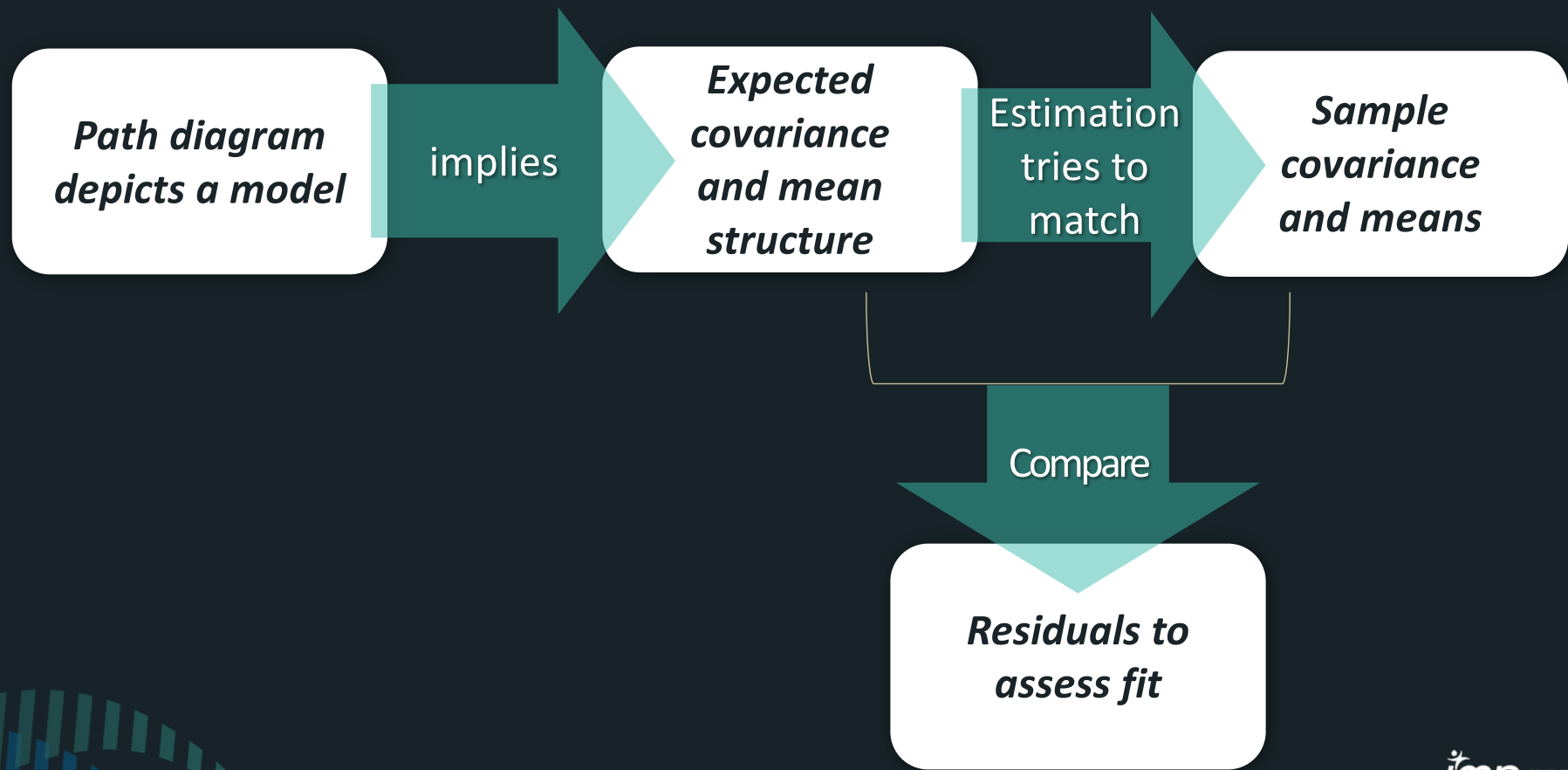


# Modeling Trajectories with SEM

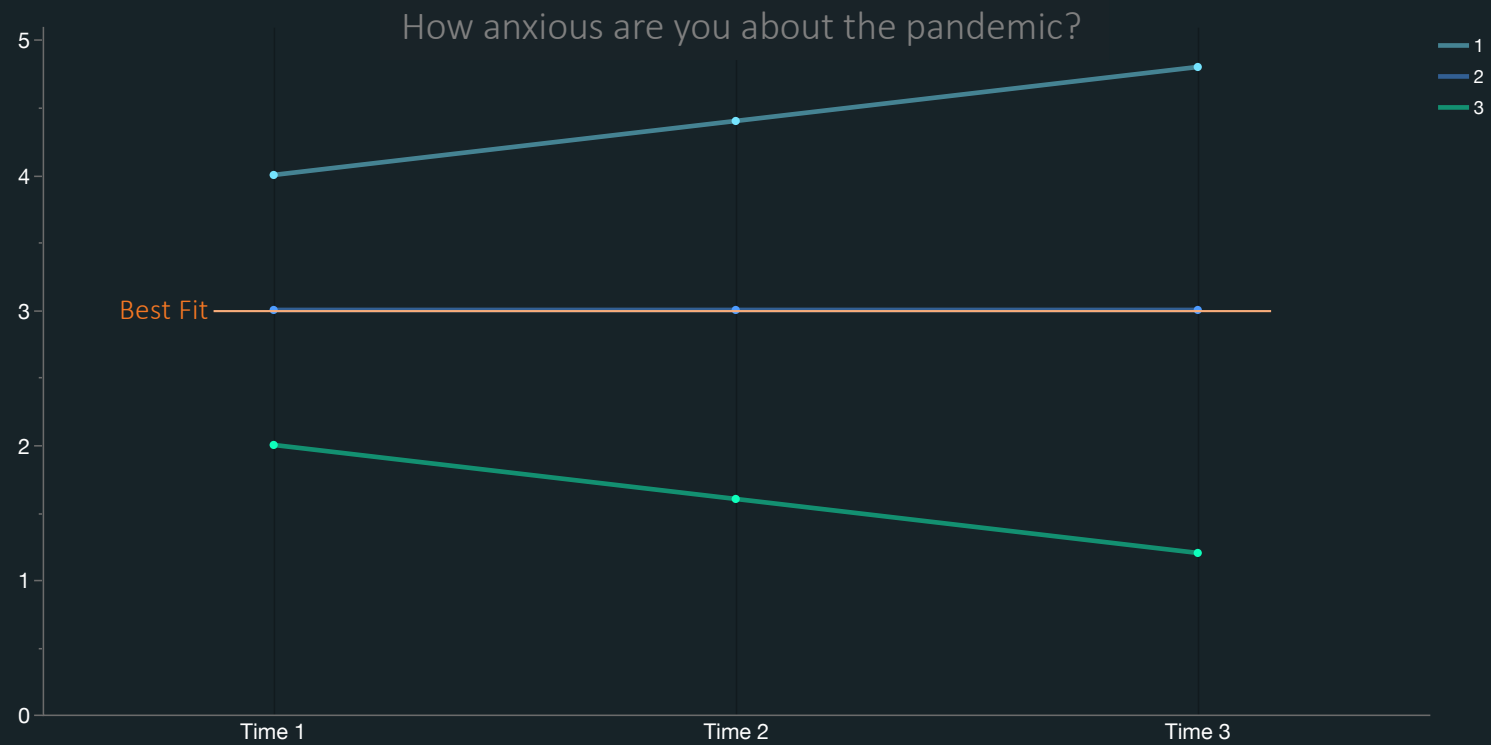




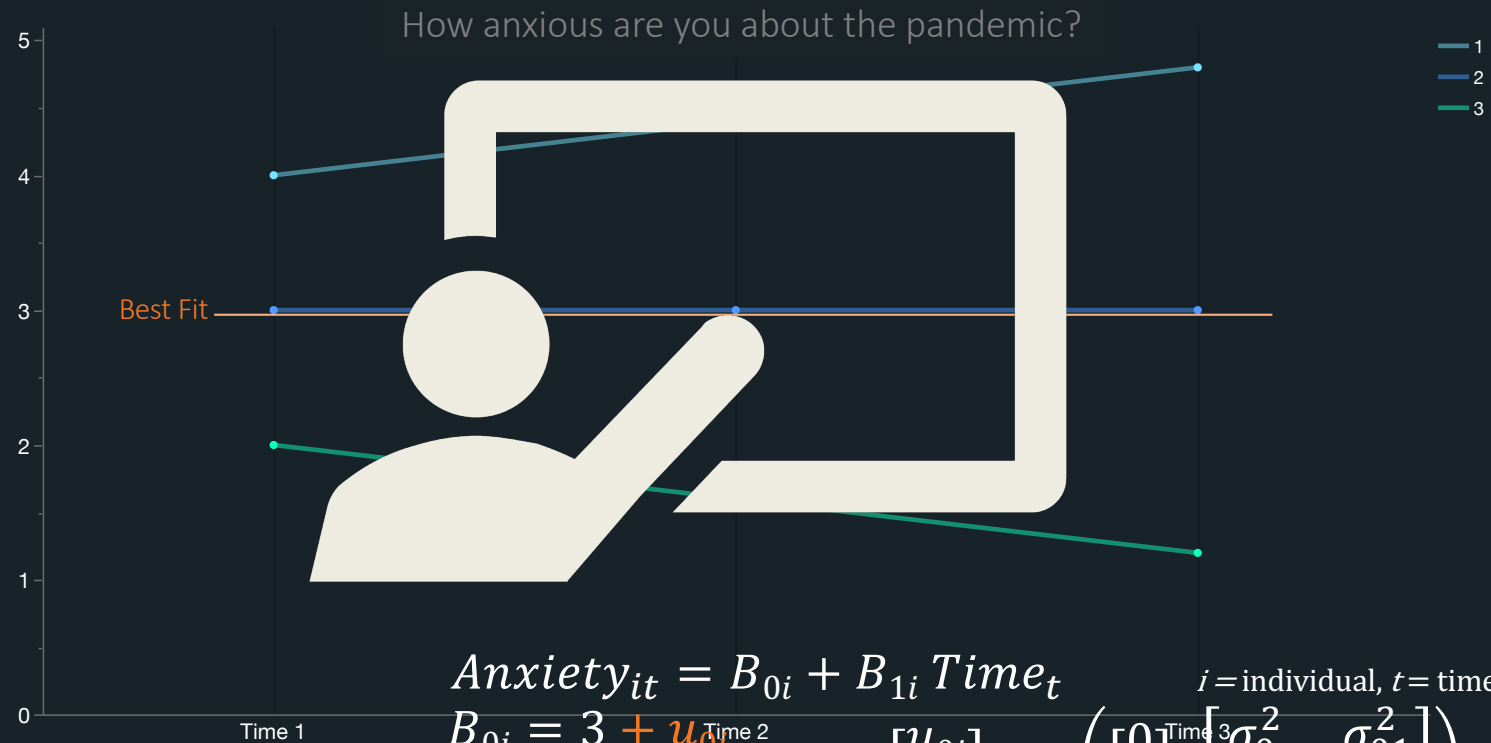
# SEM Inner Workings



# Modeling Trajectories with SEM



# Modeling Trajectories with SEM



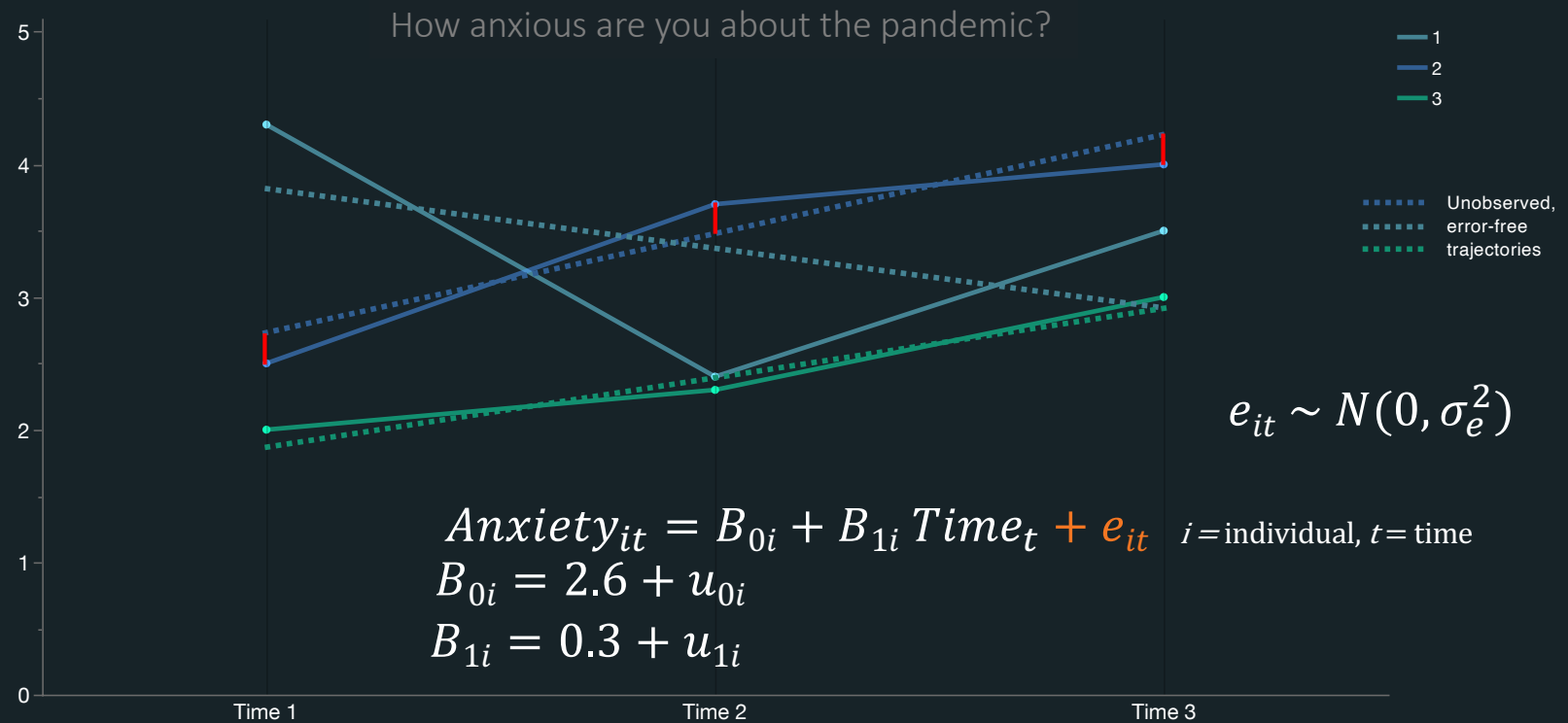
$$Anxiety_{it} = B_{0i} + B_{1i} Time_t \quad i = \text{individual}, t = \text{time}$$

$$B_{0i} = 3 + u_{0i}$$

$$B_{1i} = 0 + u_{1i}$$

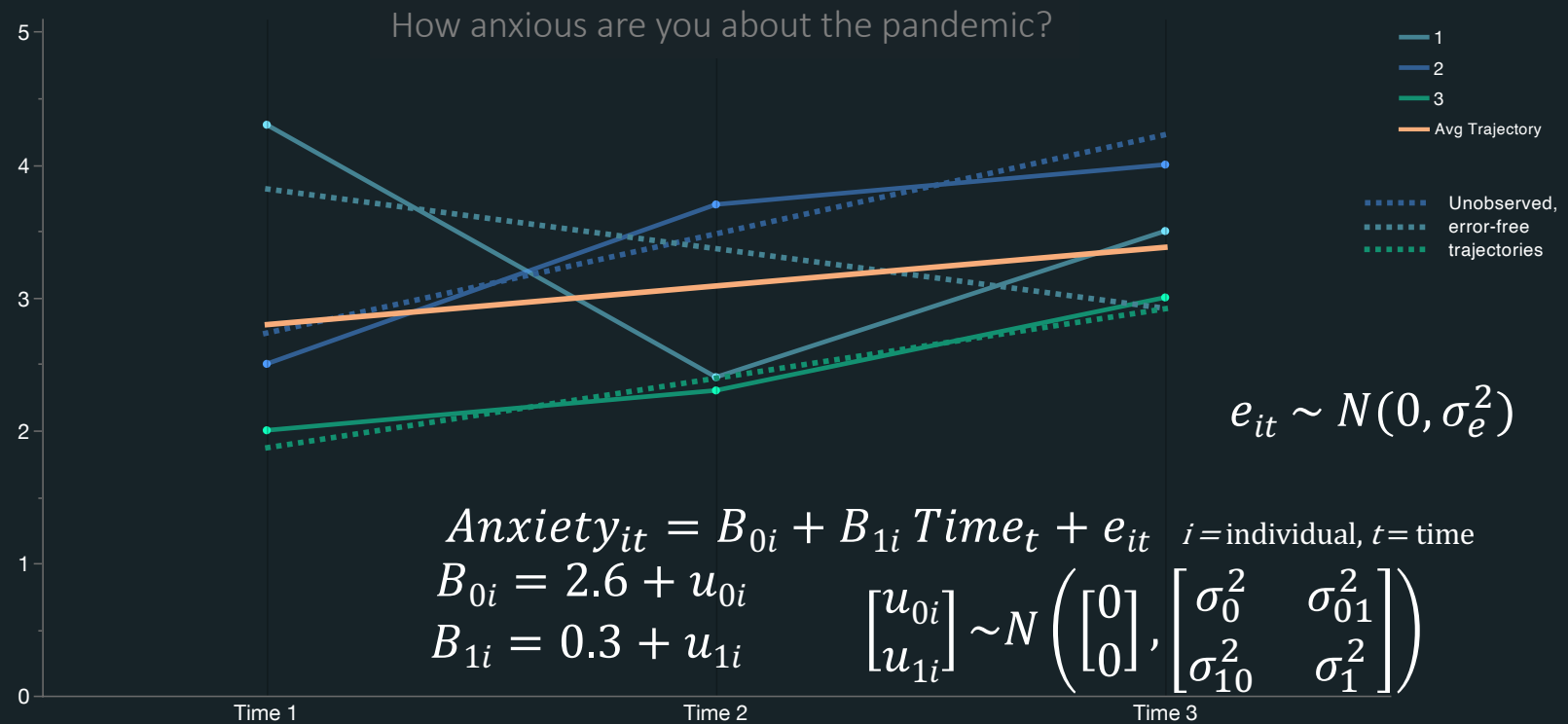
$$\begin{bmatrix} u_{0i} \\ u_{1i} \end{bmatrix} \sim N \left( \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_0^2 & \sigma_{01}^2 \\ \sigma_{10}^2 & \sigma_1^2 \end{bmatrix} \right)$$

# Modeling Trajectories with SEM



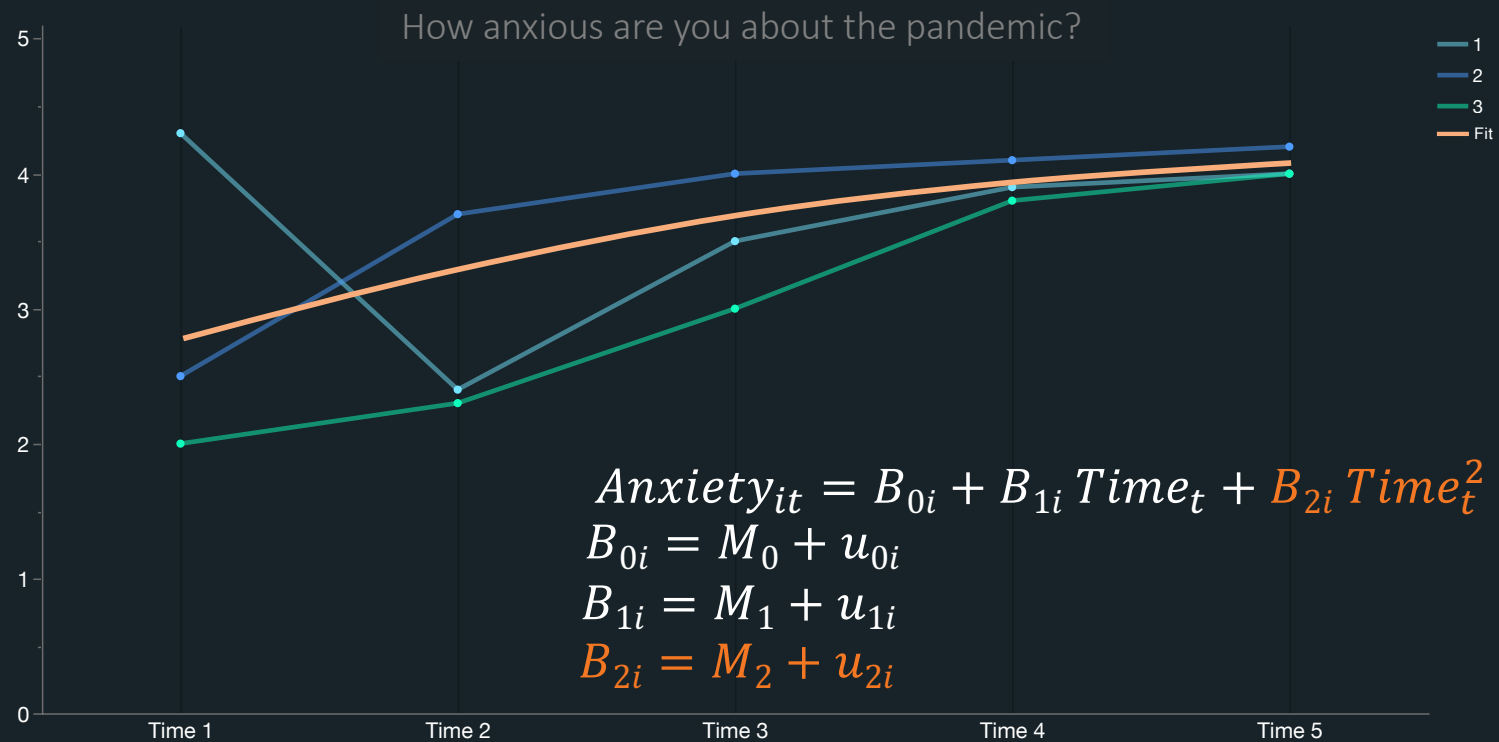
# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model



# Modeling Trajectories with SEM

## Quadratic Latent Growth Curve Model



$$Anxiety_{it} = B_{0i} + B_{1i} Time_t + B_{2i} Time_t^2 + e_{it}$$
$$B_{0i} = M_0 + u_{0i}$$
$$B_{1i} = M_1 + u_{1i}$$
$$B_{2i} = M_2 + u_{2i}$$

# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model

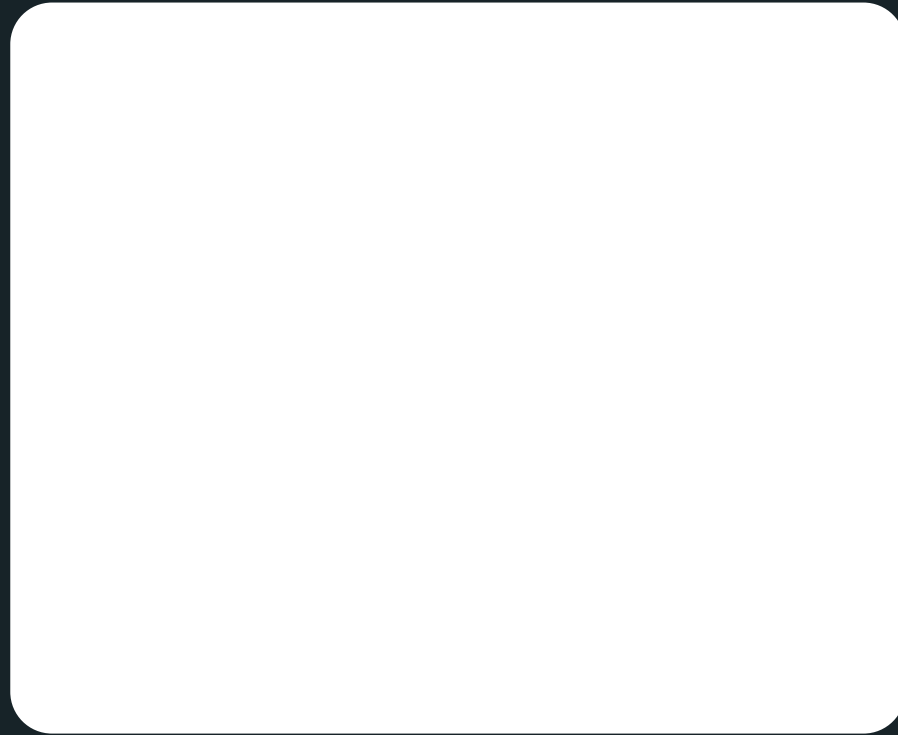
$$Anxiety_{it} = B_{0i} + B_{1i} Time_t + e_{it}$$

$$B_{0i} = M_0 + u_{0i}$$

$$B_{1i} = M_1 + u_{1i}$$

$$e_{it} \sim N(0, \sigma_e^2)$$

$$\begin{bmatrix} u_{0i} \\ u_{1i} \end{bmatrix} \sim N \left( \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_0^2 & \sigma_{01}^2 \\ \sigma_{10}^2 & \sigma_1^2 \end{bmatrix} \right)$$



# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model

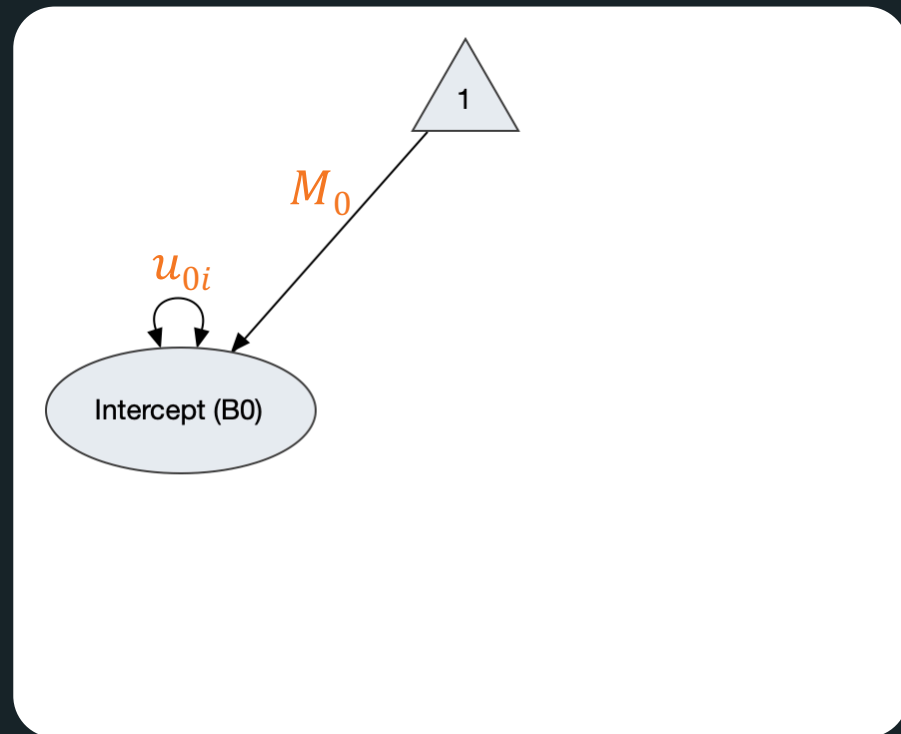
$$Anxiety_{it} = B_{0i} + B_{1i} Time_t + e_{it}$$

$$B_{0i} = M_0 + u_{0i}$$

$$B_{1i} = M_1 + u_{1i}$$

$$e_{it} \sim N(0, \sigma_e^2)$$

$$\begin{bmatrix} u_{0i} \\ u_{1i} \end{bmatrix} \sim N \left( \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_0^2 & \sigma_{01}^2 \\ \sigma_{10}^2 & \sigma_1^2 \end{bmatrix} \right)$$





# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model

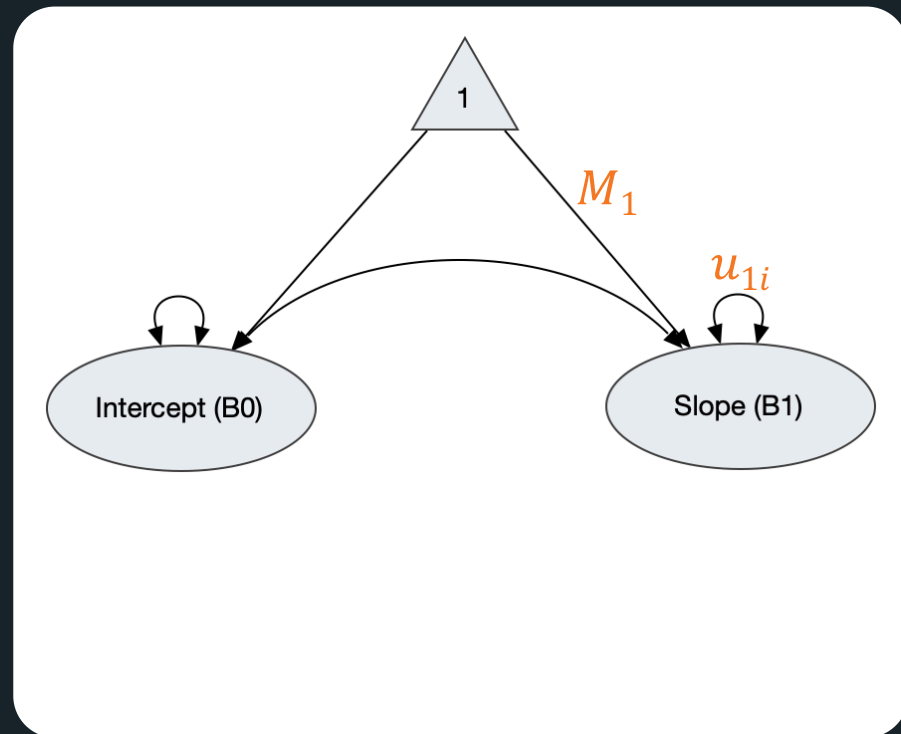
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$$e_{it} \sim N(0, \sigma_e^2)$$

$$\begin{bmatrix} u_{0i} \\ u_{1i} \end{bmatrix} \sim N \left( \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_0^2 & \sigma_{01}^2 \\ \sigma_{10}^2 & \sigma_1^2 \end{bmatrix} \right)$$



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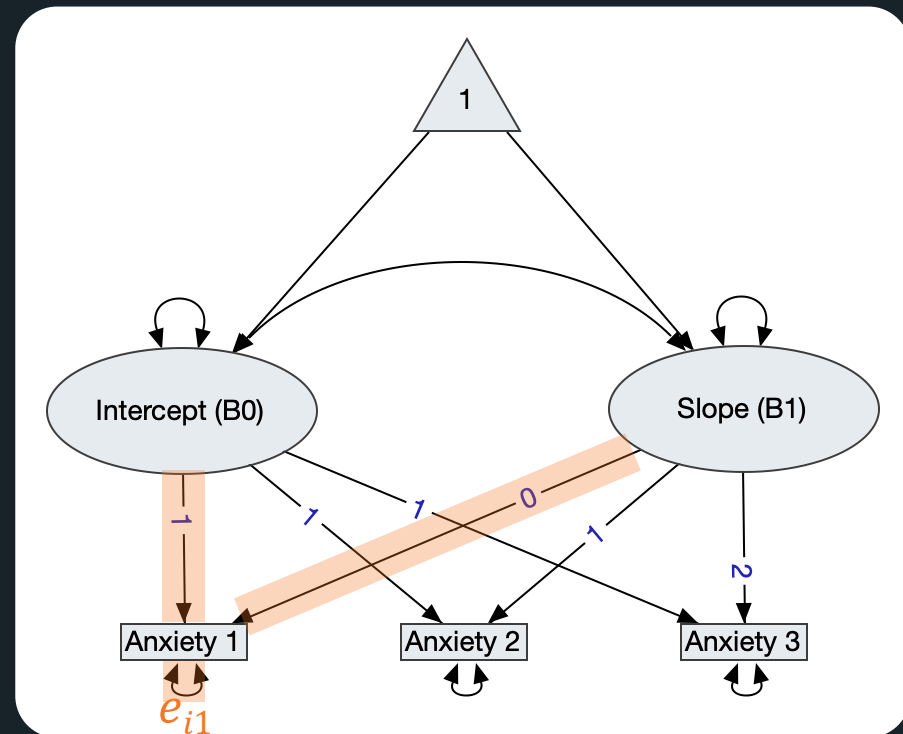
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$$Anxiety_{1i} = 1B_{0i} + 0B_{1i} + e_{i1}$$



# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model

$$Anxiety_{it} = B_{0i} + B_{1i} Time_t + e_{it}$$

$$B_{0i} = M_0 + u_{0i}$$

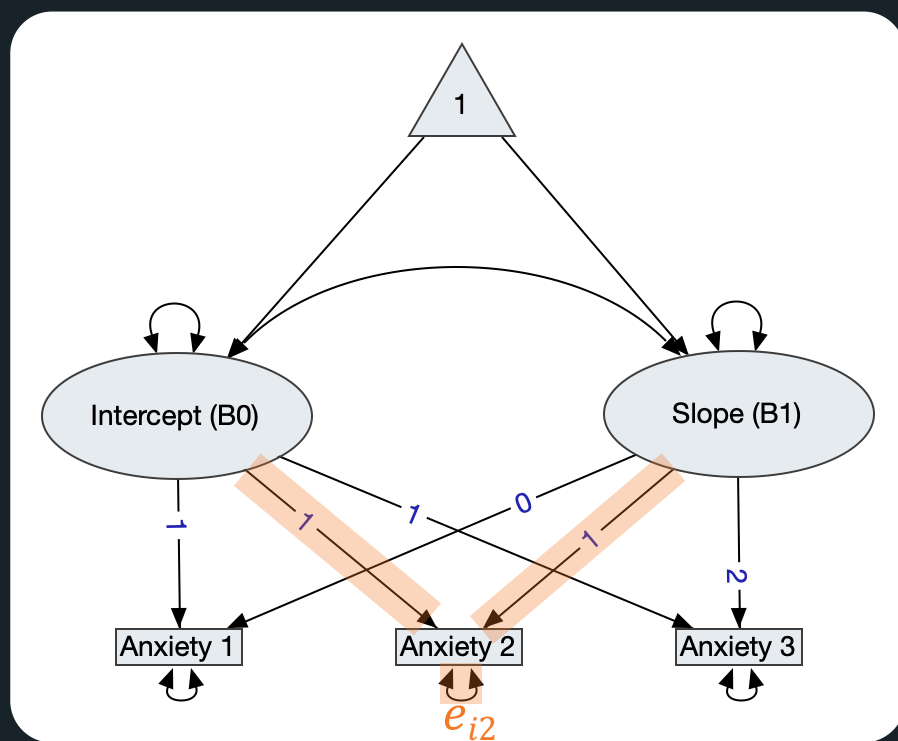
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$$Anxiety_{1i} = 1B_{0i} + 0B_{1i} + e_{i1}$$

$$Anxiety_{2i} = 1B_{0i} + 1B_{1i} + e_{i2}$$



# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model

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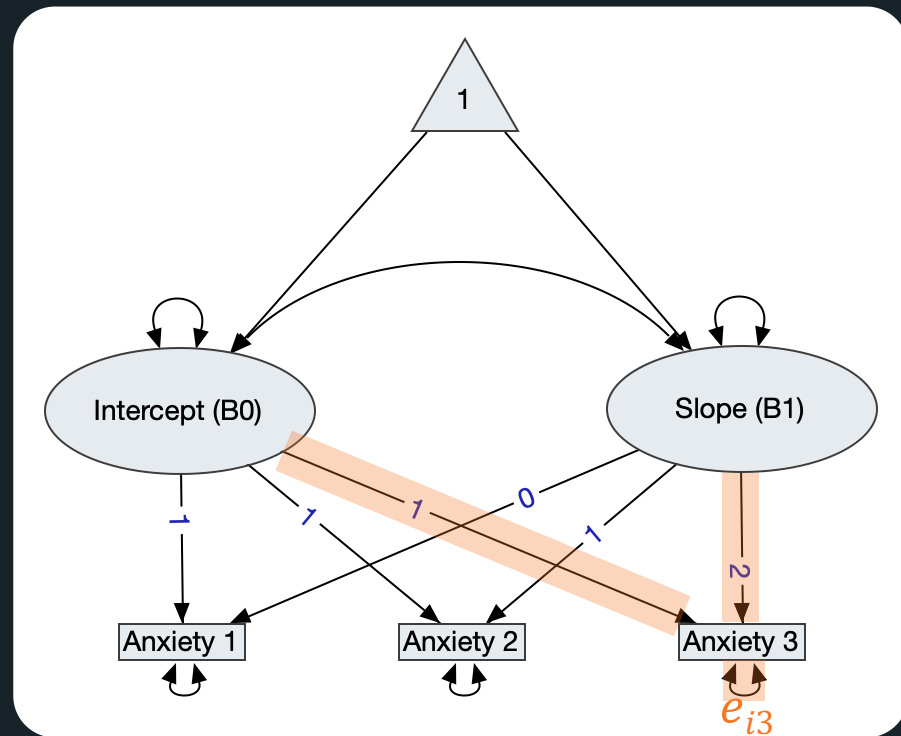
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$$Anxiety_{1i} = 1B_{0i} + 0B_{1i} + e_{i1}$$

$$Anxiety_{2i} = 1B_{0i} + 1B_{1i} + e_{i2}$$

$$Anxiety_{3i} = 1B_{0i} + 2B_{1i} + e_{i3}$$



# Modeling Trajectories with SEM

## Linear Latent Growth Curve Model

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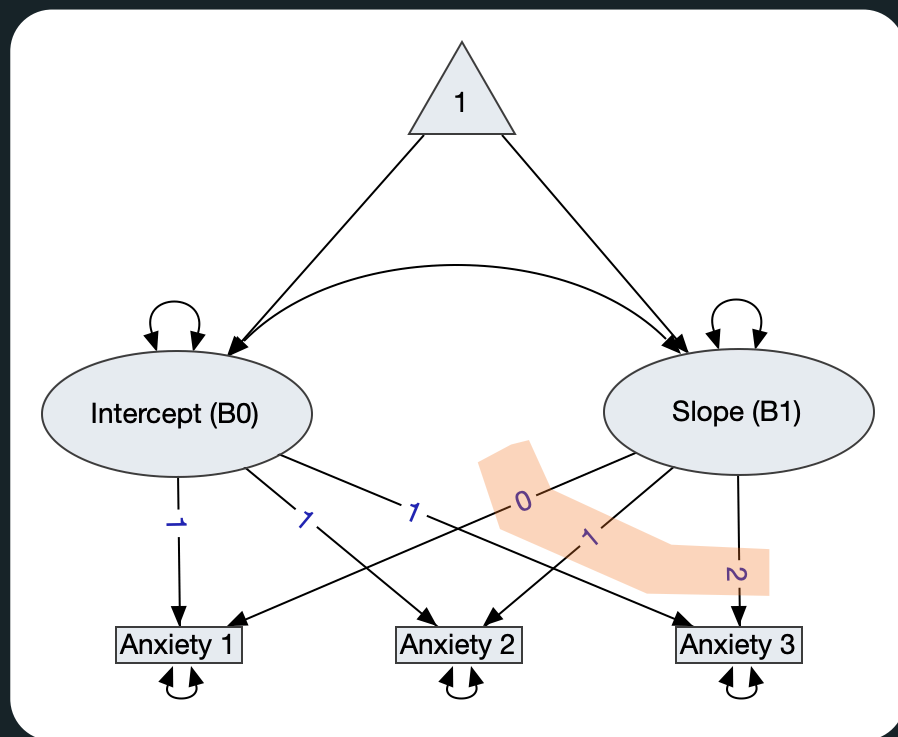
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*Time<sub>t</sub>*

$$Anxiety_{1i} = 1B_{0i} + 0B_{1i} + e_{i1}$$

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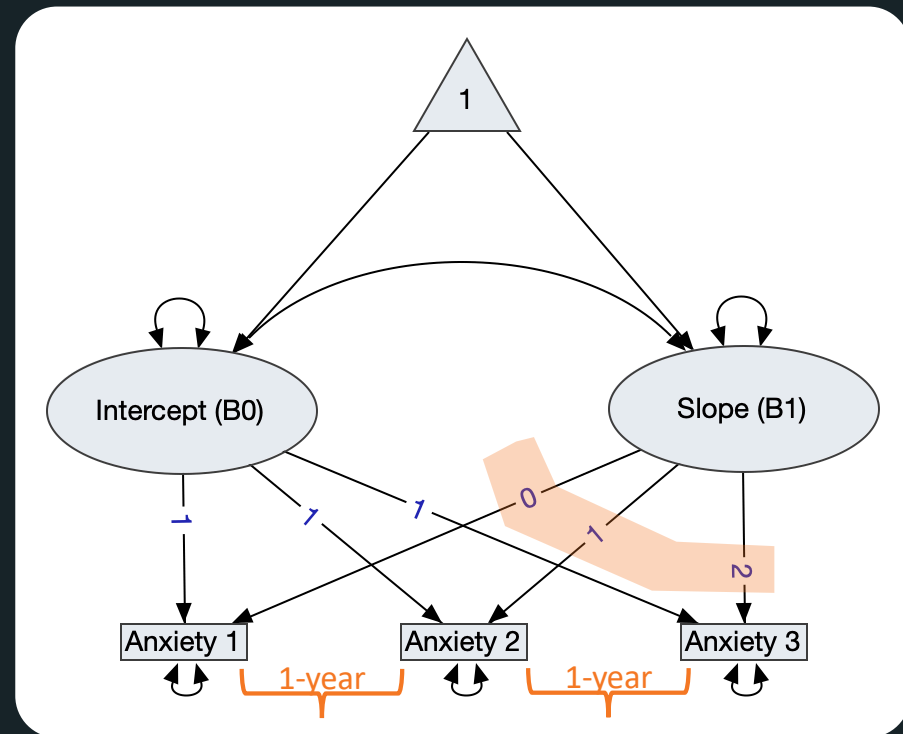
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*Time<sub>t</sub>*

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$$Anxiety_{3i} = 1B_{0i} + 2B_{1i} + e_{i3}$$



Aug19

Aug20

Aug21

# Modeling Trajectories with SEM

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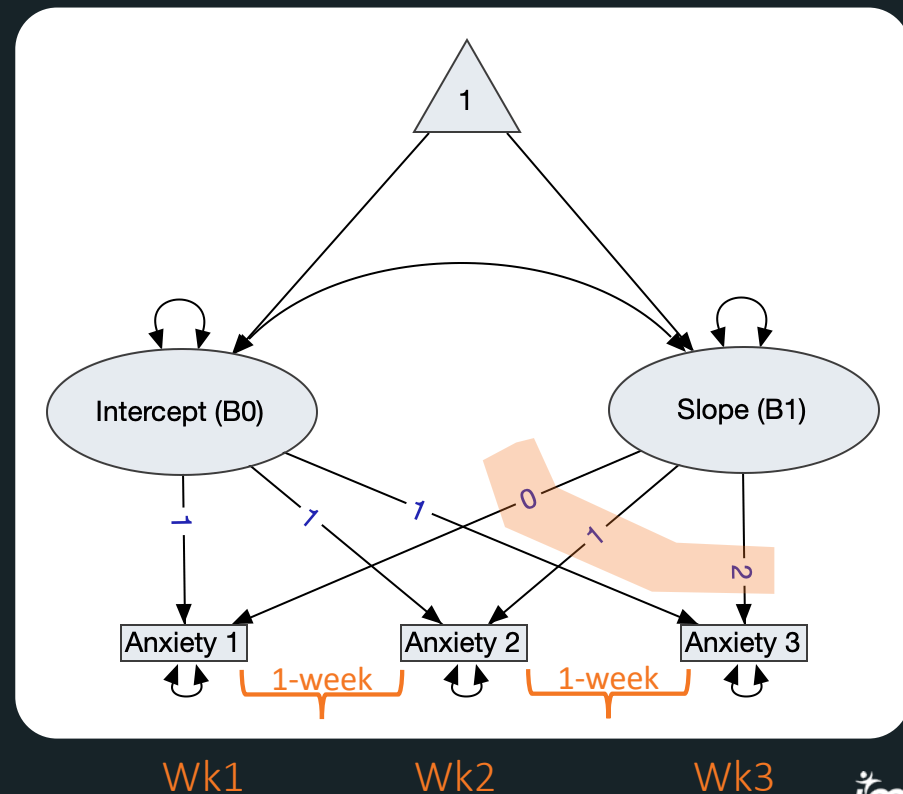
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$Time_t$

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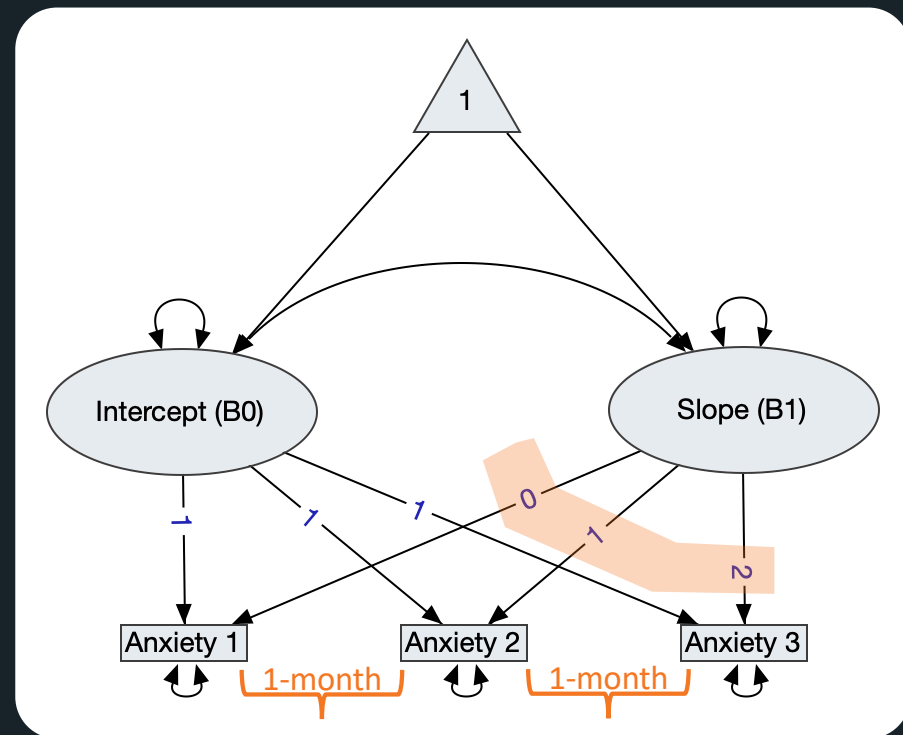
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*Time<sub>t</sub>*

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March

April

May



# Modeling Trajectories with SEM

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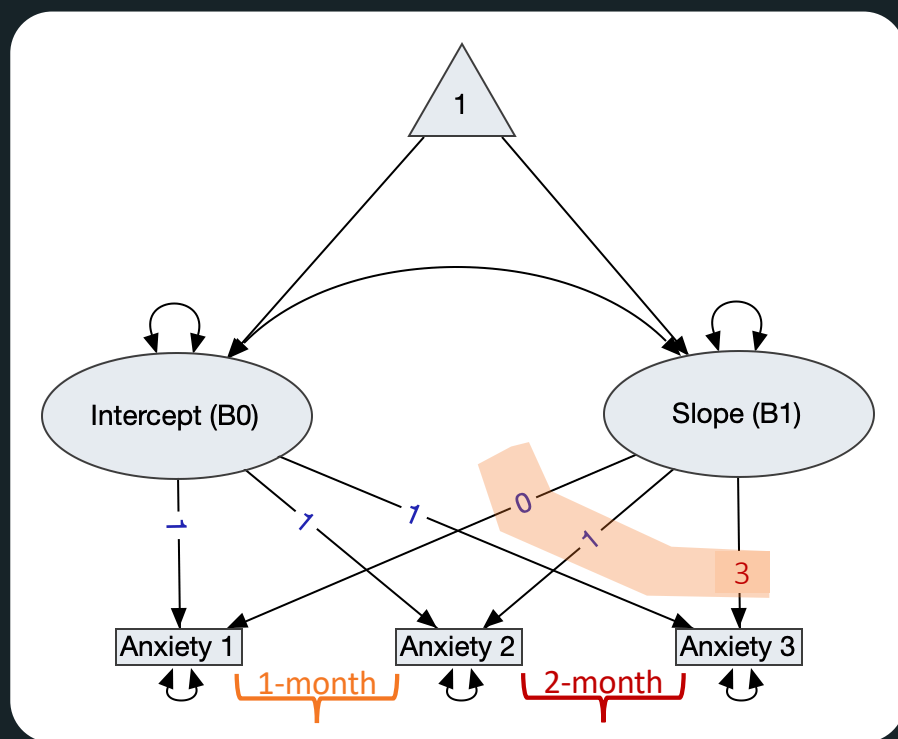
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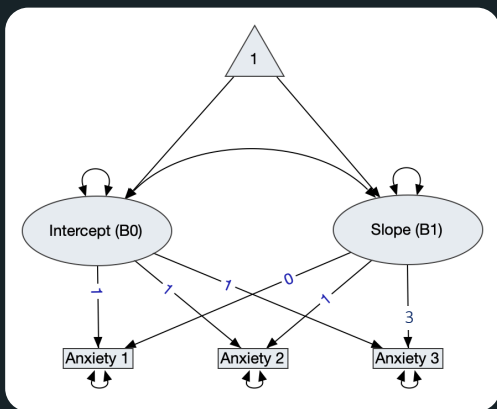


March

April

June

# Implied Covariance and Mean Structures



implies Covariances  
Means

	Anxiety1	Anxiety2	Anxiety3
Anxiety1	$\sigma_0^2 + \sigma_e^2$		
Anxiety2	$\sigma_0^2 + \sigma_{10}^2$	$\sigma_0^2 + \sigma_1^2 + 2\sigma_{10}^2 + \sigma_e^2$	
Anxiety3	$\sigma_0^2 + 3\sigma_{10}^2$	$\sigma_0^2 + 3\sigma_1^2 + 4\sigma_{10}^2$	$\sigma_0^2 + 3\sigma_1^2 + 3\sigma_{10}^2 + \sigma_e^2$
	$M_0$	$M_0 + M_1$	$M_0 + 3M_1$

$$Anxiety\ 1_i = 1B_{0i} + 0B_{1i} + e_{i1}$$

$$Anxiety\ 2_i = 1B_{0i} + 1B_{1i} + e_{i2}$$

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# DEMO



Repeated Measures:  
Anxiety (0-100)  
Health Complaints (0-28)

Time invariant:  
Resilience

Three waves of data from the UK strand ( $N = 2,878$ )

March/2020

April/2020

June/2020

# Summary

## Latent Growth Curve Models

- Enable understanding of **overall and individual change** over time
- Identify **key predictors** that distinguish patterns of **change**
- Examine **effects** that growth factors have **on outcomes**
- Explore associations of **changes across processes**
- Illustration
  - Observational data •• No causal inferences *Experimental data can be used too!*
  - Used manifest variables for Anxiety *Latent Anxiety variables can be used too!*



# RESILIENCE

Key ingredient for well-being!

# References

## Modeling Trajectories with SEM

### *JMP-Specific Video & Supplementary Material:*

ABCs of Structural Equations Models

<https://community.jmp.com/t5/Discovery-Summit-Americas-2020/ABCs-of-Structural-Equations-Models-2020-US-45MP-590/ta-p/281529>

### *Journal Article:*

Duncan, T. E., & Duncan, S. C. (2009). The ABC's of LGM: An Introductory Guide to Latent Variable Growth Curve Modeling. *Social and personality psychology compass*, 3(6), 979–991.  
<https://doi.org/10.1111/j.1751-9004.2009.00224.x>

### *Book:*

Preacher, K. J., Wichman, A. L., MacCallum, R. C., & Briggs, N. E. (2008). *Latent growth curve modeling* (No. 157). Sage.



# THANK YOU

*jmp* STATISTICAL DISCOVERY  
FROM SAS

[jmp.com](http://jmp.com)

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